

# International Conference for Healthy Aging and Mental Wellbeing

Date: November 22-23, 2025

Venue: National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan

Intended Audience: researchers, clinicians, public health professionals, policy leaders, and graduate students in the fields of public health and aging. Limited to 200 attendees.

Organized by: National Center for Geriatrics and Welfare Research, National Health Research Institutes (NHRI)

< Day 1: Sat. Nov.22 2025 >

International Conference Hall		
Time	Topic	Speaker
9:30-9:50	Welcome Speech Time for Photos	
9:50-10:40	<b>Keynote speech (1)</b> <b>Moderator</b> <b>Prof. Chih-Cheng Hsu (許志成)</b> Executive Director, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.	
9:50-10:40	Public and private partnership to promote Healthy Aging and mental wellbeing in the super-aged era	<b>Prof. Yik Ying Teo (張毅穎)</b> Vice-President (Global Health), National University of Singapore; Dean, Saw Swee Hock School of Public Health, National University of Singapore and National University Health System, Singapore.
10:40-11:30	<b>Keynote speech (2)</b> <b>Moderator :</b> <b>Prof. Masahiro Akishita (秋下雅弘)</b> CEO & President, Tokyo Metropolitan Institute for Geriatrics and Gerontology, Japan.	
10:40-11:30	Affective neuroscience of aging and its potential role in Alzheimer's disease.	<b>Prof. Mara Mather</b> Professor, University of Southern California, USA.
11:30-13:30	Oral and poster competition Lunch	
	<b>Symposium A</b> <b>Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia</b> <b>Moderator :</b> <b>Prof. Rei Otsuka (大塚 礼)</b> Professor, National Center for Geriatrics and Gerontology, Japan.	
13:30-14:00	Work conditions and psychological health: evidences from Healthy Aging Longitudinal Study in Taiwan.	<b>Dr. Wan-Ju Cheng (鄭婉汝)</b> Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.
14:00-14:30	Gerotranscendence and psychological wellbeing in older adults: A cohort-based study on healthy aging in Korea.	<b>Dr. Minjeong AN</b> Professor, Chonnam National University College of Nursing, Korea.
14:30-15:00	Differential associations between physical frailty and aspects of well-being: Evidence from NILS-LSA.	<b>Dr. Yukiko Nishita</b> Associate professor, National Center for Geriatrics and Gerontology, Japan.
15:00-15:20	Q&A	

15:20-15:40	Break	
	<b>Symposium C</b> <b>Neuroscience of Aging: From Brain Function to Cognitive Resilience</b>	
	<b>Moderator :</b> <b>Prof. Yu-Ling Chang (張玉玲)</b> Distinguished Professor, Department of Psychology, National Taiwan University, Taiwan.	
15:40-16:10	Cognitive Interventions for Smart Ageing.	<b>Prof. Ryuta Kawashima (川島隆太)</b> Professor, Tohoku University, Japan.
16:10-16:40	The Pivotal Role of Language in Aging: Cognitive Reserve and Resilience.	<b>Prof. James H-Y. Tai (戴浩一)</b> Director, Institute of Linguistics of National Chung Cheng University, Taiwan.
16:40-17:10	Integrating Brain Imaging and AI: Applications in Aging and Neurological Disorders.	<b>Dr. Juan Helen Zhou (On-Line)</b> Associate Professor, National University of Singapore, Singapore.
17:10-17:30	Q&A	
18:00-	Welcome Dinner Party (By Invitation Only)	

< Day 2: Sun. Nov.23 2025 >

International Conference Hall		
Time	Topic	Speaker
<b>Moderators</b>		
	<b>Prof. Wei J. Chen (陳為堅)</b> Vice President, National Health Research Institutes, Taiwan.	
	<b>Dr. Tzung-Jeng Hwang (黃宗正)</b> Chief, Division of General and Geriatric Psychiatry, Department of Psychiatry, National Taiwan University Hospital, Taiwan.	
9:30 – 10:00	Positive Aging, Wisdom, and Neuroplasticity of Aging.	<b>Prof. Dilip V. Jeste (On-Line)</b> President-Elect, World Federation for Psychotherapy, Geneva, Switzerland. 
10:00-10:30	Suicide in older people in Taiwan: recent trends, risk factors, and implications for prevention.	<b>Prof. Shu-Sen Chang (張書森)</b> Director, Institute of Health Behaviors and Community Sciences, College of Public Health, National Taiwan University, Taiwan. 
10:30-10:50	Q&A	
10:50–11:00	Break	
<b>Moderators</b>		
	<b>Prof. Cheng-Sheng Chen (陳正生)</b> Chief, Department of Psychiatry, Kaohsiung Medical University Hospital, Taiwan.	
	<b>Prof. Meng-Chih Lee (李孟智)</b> Consultant and Past Superintendent, Taichung Hospital, Ministry of Health and Welfare, Taiwan.	
11:00-11:30	Isolation, loneliness, and Suicide in late life.	<b>Prof. Diego de Leo (On-Line)</b> Emeritus Professor of Psychiatry, Griffith University, Brisbane, Australia. (Top Italian Scientist in Neurosciences & Psychology) 
11:30-12:00	The Silent Revolution: Finland's Pragmatic Path to Digital Aging and Wellbeing.	<b>Mr. Tomi Laitinen</b> Senior Adviser, Ministry of Social Affairs and Health, Finland. 
12:00-12:20	Q&A	
12:20-12:40	Award and Closing Remark	