



13th Mind-Body Interface International Symposium
PNIRASia-Pacific Symposium

TIME Matters

Finding the Rhythm and Mastering
the Circadian for Mind-Body Wellbeing

**20
23**

Oct.28-30
Taichung, Taiwan



第十三屆身心介面國際研討會 議程

時間：10/28 0900-1830

地點：中國醫藥大學水湳校區卓越大樓 2 樓史丹佛會議室

主辦單位：中國醫藥大學附設醫院身心介面研究中心

時間	講者	講題
0900-0950	Eric Chen	PK1. Plenary Keynote: Life-style Factors in Youth Mental Health: Data from The HK Youth Epidemiological Study
1000-1030	Melissa Rosenkranz	S11. PNIRASia-Pacific: Jekyll & Hyde: Mind-brain Interactions in Asthma
1030-1100	Nicolas Rohleder	S11. PNIRASia-Pacific: Stress Pathway to Disease: Role of Inflammation
1100-1200	Ilia N. Karatsoreos	S11. PNIRASia-Pacific: The Role of The Circadian Clock in Brain-body Interactions: Focus on Neuroimmune Function
1200-1230	Bach Tran	S11. PNIRASia-Pacific: Mindfulness Research and Its Applications in Health Interventions: A Global Mapping Study from 1946 to 2020
1330-1420	Qiang Liu	PK2. Plenary Keynote: Mood-induced Metabolic Reprogram in Cancer Development

1600-1730	Richard Bazinet	S13. ISSFAL Session: A New Method Reveals that Hepatic Lipogenesis is Upregulated to Supply Palmitic Acid to the Developing Brain of Mice Fed Low Palmitic Acid from Birth: Implications for the Use of Palmitic Acid in Infant Formula
1730-1800	Tom Brenna	S13. ISSFAL Session: Long Term Support of Neurocognitive Development Requires Balanced Fatty Acid Intake at Critical Periods: Two Recent Randomized Controlled Trials
1800-1830	Kevin Lin	S13. ISSFAL Session: Arginine Methylation in Vascular Dementia

時間：10/29 0900-1800

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0800-0900	David Mischoulon	S22. Nutritional and Behavioral Interventions for Mental Health of Older Individuals: Nutritional And Behavioral Interventions for Depression in Older Individuals: Overview and Description of a New Study of Omega-3 Fatty Acids
0900-1000	Olivia I. Okereke	S22. Nutritional and Behavioral Interventions for Mental Health of Older Individuals: Vitamin D and Omega-3 Trial: Depression Endpoint Prevention (VITAL-DEP) : Study Design and Key Findings
1000-1100	Chirag M. Vyas	S22. Nutritional and Behavioral Interventions for Mental Health of Older Individuals: The Mechanistic Roles of Biomarkers in A Study of Vitamin D3 and Omega-3 Supplements for Late-life Depression Prevention
1100-1200	Vivian Anable Eme	S22. Nutritional and Behavioral Interventions for Mental Health of Older Individuals: Design and Implementation of A Homecare Worker Training Program to Improve Behavioral Symptoms and Quality of Life among Patient and Family Member Dyads Facing Cognitive Impairment and Dementia
1300-1400	Kuan-Pin Su	S23 Mastering the Circadian Rhythm for Mind-Body Wellbeing: From Technology to Therapy: Melatonin Regulates Circadian Clock Genes and Peripheral Inflammatory and Neuroplasticity Biomarkers in Depression and Anxiety
1400-1500	Jihwan Myung	S23 Mastering the Circadian Rhythm for Mind-Body Wellbeing: From Technology to Therapy: Emergence Dynamics of The Circadian Clock Network

1500-1600	Rayleigh Ping-Ying Chiang	S23 Mastering the Circadian Rhythm for Mind-Body Wellbeing: From Technology to Therapy: Sleep Technology : the Past, Current and the Future
1600-1700	Wolf Marx	PK3. Plenary Keynote: Recent Advances in Nutritional Psychiatry: Novel Mechanisms, Interventions, and Guidelines
1700-1800	Melissa M. Lan	S24. The International Society for Nutritional Psychiatry Research (ISNPR): Ultra-processed Food Consumption and Mental Health: A Systematic Review and Meta-analysis of Observational Studies