

EAST Symposium 2024

Eisai Asia Sleep Therapeutics Symposium

IMPACT – Insomnia Management – Practices and Advances in Clinical treatment

Saturday, 22 June 2024

Fullon Hotel, Taoyuan Airport Access MRT A8-3F (福容飯店桃園機場捷運 A8 3F Lotus Room)

Time		Program	Speaker
08:10–08:40	30 min	Registration	
08:40–08:45	5 mins	Welcome speech & opening	Eisai Co., Ltd.
08:45–9:35	50 min	Treatment Decisions in Insomnia Management in Psychiatry	Chan Teck Ming (Malaysia)
	20 min	Insomnia in patients with Psychiatric Disorders : Causes, Consequences and Emerging treatments	Kah Foo Victor (Singapore)
	20 min	Switching from sedative-hypnotics to Lemborexant : When, why and how ?	Jai Ran Jan Ram (India)
	10 min	Q and A	
09:35–10:45	70 min	Treatment Decisions in Insomnia Management in Elderly	Hsin-Chien Lee (Taiwan)
	20 min	Relieving the burden of Insomnia in Elderly : Role of Lemborexant	TBD (Philippines)
	40 min	Management from perspective of medical safety : Improving and recognition of Delirium	Kotaro Hatta (Japan)
	10 min	Q and A	
10:45–11:05	20 min	Coffee Break	
11:05–11:55	50 min	Expert Consensus in Asian countries	Chung-Yao Hsu (Taiwan)
	20 min	Indonesian current insomnia treatment and guideline	Rimawati Tedjasukmana (Indonesia)
	20 min	Thailand current insomnia treatment and guideline	Naricha Chirakalwasan (Thailand)
	10 min	Q and A	
11:55–12:00	5 min	Closing Remarks	
	12:00	Lunch	