

International Conference for Healthy Aging and Mental Wellbeing

Date: November 22-23, 2025

Venue: National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan

Day 1(11/22)		
Time	International Conference Hall	Room 2-3
09:30-09:50	Welcome Speech/Time for Photos	
09:50-10:40	<u>Keynote Speech 1</u> Prof. Yik Ying Teo (張毅穎) 	
10:40-11:30	<u>Keynote Speech 2</u> Prof. Mara Mather 	
11:30-13:30	Oral and poster competition Lunch	
13:30-15:20	<u>Symposium A</u> Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia	<u>Symposium B</u> Strategy of aging to foster mental wellbeing
15:20-15:40	Break	
15:40-17:30	<u>Symposium C</u> Neuroscience of Aging: From Brain Function to Cognitive Resilience	<u>Symposium D</u> Healthy Aging and Psychological Wellbeing – Insights from Asian populations
18:00-	Welcome Dinner Party (By Invitation Only)	
Day 2(11/23)	<u>Keynote Speeches</u>	
09:30-10:00	Prof. Dilip V. Jeste 	
10:00-10:30	Prof. Shu-Sen Chang (張書森) 	
10:30-10:50	Q&A	
10:50-11:00	Break	
11:00-11:30	Prof. Diego de Leo 	
11:30-12:00	Prof. Tomi Laitinen 	
12:00-12:20	Q&A	
12:20-12:40	Award and Closing Remark	

< Day 1: Sat. Nov.22 2025 >

International Conference Hall		
Time	Topic	Speaker
09:30-9:50	Welcome Speech	
	Time for Photos	
09:50-10:40	Keynote speech (1) Moderator: Prof. Chih-Cheng Hsu (許志成) Executive Director, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.	
	Public and private partnership to promote Healthy Aging and mental wellbeing in the super-aged era (tentative topic)	Prof. Yik Ying Teo (張毅穎)  Vice-President (Global Health), National University of Singapore; Dean, Saw Swee Hock School of Public Health, National University of Singapore and National University Health System, Singapore.
10:40-11:30	Keynote speech (2) Moderator: Prof. Masahiro Akishita (秋下 雅弘)  CEO & President, Tokyo Metropolitan Institute for Geriatrics and Gerontology, Japan.	
	Affective neuroscience of aging and its potential role in Alzheimer's disease.	Prof. Mara Mather  Professor, University of Southern California, USA.
11:30-13:30	Oral and poster competition Lunch	
13:30-15:20	Symposium A Healthy Aging and Psychological Wellbeing: Evidence from Cohort Studies in Asia Moderator: Prof. Rei Otsuka (大塚 礼)  Professor, National Center for Geriatrics and Gerontology, Japan.	
	Work conditions and psychological health: evidences from Healthy Aging Longitudinal Study in Taiwan.	Dr. Wan-Ju Cheng (鄭婉汝)  Associate Investigator, National Center for Geriatrics and Welfare Research, National Health Research Institutes, Taiwan.
	Gerotranscendence and psychological wellbeing in older adults: A cohort-based study on healthy aging in Korea.	Dr. Min-Jeong AN  Professor, Chonnam National University College of Nursing, Korea.
	Differential associations between physical frailty and aspects of well-being: Evidence from NILS-LSA.	Dr. Yukiko Nishita  Associate professor, National Center for Geriatrics and Gerontology, Japan.
15:20-15:40	Break	

International Conference Hall		
Time	Topic	Speaker
15:40-17:30	Symposium C Neuroscience of Aging: From Brain Function to Cognitive Resilience Moderator: Prof. Yu-Ling Chang (張玉玲) Distinguished Professor, Department of Psychology, National Taiwan University, Taiwan. 	
	Cognitive Interventions for Smart Ageing.	Prof. Ryuta Kawashima (川島隆太) Professor, Tohoku University, Japan. 
	The Pivotal Role of Language in Aging: Cognitive Reserve and Resilience.	Prof. James H-Y. Tai (戴浩一) Director, Institute of Linguistics of National Chung Cheng University, Taiwan. 
	Integrating Brain Imaging and AI: Applications in Aging and Neurological Disorders.	Dr. Juan Helen Zhou (On-Line) Associate Professor, National University of Singapore, Singapore. 
18:00-	Welcome Dinner Party (By Invitation Only)	

Room2-3		
Time	Topic	Speaker
09:30-11:30		
11:30-13:30	Oral and poster competition Lunch	
13:30-15:20	Symposium B Strategy of aging to foster mental wellbeing	
	Moderators: Dr. Hsi-Wen Wu (吳希文) Deputy Director-General, Department of Long-Term Care, MOHW, Taiwan. Prof. Yuan-Han Yang (楊淵韓) Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.	
	Challenges of a Super-Aged Society in Korea: Long-Term Care System and Mental Health.	Prof. Yong-Kyun, Roh (盧龍均) Professor, Department of Family Medicine, Hallym University, Korea.
	Japan's long-term care insurance system and Kaga City's community care.	Prof. Kitai Ryuhei (北井 隆平) Director, Kaga Medical Center, Japan.
	Innovative management of dementia in Taiwan.	Prof. Yuan-Han Yang (楊淵韓) Director, Neuroscience Research Center, Kaohsiung Medical University, Taiwan.
	Anti-amyloid antibody therapy in Kaga Medical Center.	Prof. Naoki Shirasaki Medical Doctor, Kaga Medical Center, Japan.
15:20-15:40	Break	
15:40-17:30	Symposium D Healthy Aging and Psychological Wellbeing – Insights from Asian populations	
	Moderator: Prof. Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.	
	Linking psychological well-being to healthy ageing: insights from Hong Kong SAR China.	Prof. Jean Woo Professor, The Chinese University of Hong Kong, Hong Kong.
	Social Frailty: Emerging Evidence and Future Directions.	Dr. Kenneth Yong Associate Consultant, Department of Geriatric Medicine, Tan Tock Seng Hospital, Singapore, Singapore.
	Psychosocial Frailty and Cognitive Impairment: Insights from the TIGER Study.	Dr. Jen-Hau Chen (陳人豪) Director, Department of Geriatrics and Gerontology, National Taiwan University Hospital Yunlin Branch, Taiwan.
	Caring for persons living with dementia: Moving from burden and grief to mastery.	Prof. Wee Shiong Lim Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore.
18:00-	Welcome Dinner Party (By Invitation Only)	

International Conference Hall		
Time	Topic	Speaker
09:30-10:00	Moderators: Prof. Wei J. Chen (陳為堅) Vice President, National Health Research Institutes, Taiwan. Dr. Tzung-Jeng Hwang (黃宗正) Chief, Division of General and Geriatric Psychiatry, Department of Psychiatry, National Taiwan University Hospital, Taiwan.	 
	Positive Aging, Wisdom, and Neuroplasticity of Aging.	Prof. Dilip V. Jeste (On-Line) President-Elect, World Federation for Psychotherapy, Geneva, Switzerland. 
10:00-10:30	Suicide in older people in Taiwan: recent trends, risk factors, and implications for prevention.	Prof. Shu-Sen Chang (張書森) Director, Institute of Health Behaviors and Community Sciences, College of Public Health, National Taiwan University, Taiwan. 
10:30-10:50	Q&A	
10:50-11:00	Break	
11:00-11:30	Moderator: Prof. Cheng-Sheng Chen (陳正生) Chief, Department of Psychiatry, Kaohsiung Medical University Hospital, Taiwan. Prof. Meng-Chih Lee (李孟智) Consultant and Past Superintendent, Taichung Hospital, Ministry of Health and Welfare, Taiwan.	 
	Isolation, loneliness, and Suicide in late life.	Prof. Diego de Leo (On-Line) Emeritus Professor of Psychiatry, Griffith University, Brisbane, Australia. (Top Italian Scientist in Neurosciences & Psychology) 
11:30-12:00	The Silent Revolution: Finland's Pragmatic Path to Digital Aging and Wellbeing.	Mr. Tomi Laitinen Senior Adviser, Ministry of Social Affairs and Health, Finland. 
12:00-12:20	Q&A	
12:20-12:40	Award and Closing Remark	